



Parish of Saint Joseph Subiaco
Feast of Saint Joseph 2020

Dear Parishioners

We hope you and your family are well and keeping in good spirits.

As members of our Parish community are currently, or may soon be, self-isolating the Parish administration wishes to facilitate opportunities to reach out and help each other.

IF YOU REQUIRE ASSISTANCE

- Should you need help with delivery of supplies and/or would like to talk to someone, please email outreach@stjosephssubiaco.org.au or call the Parish Office on 9381 0400.

IF YOU CAN OFFER ASSISTANCE

- We suggest you might firstly want to make contact with your family, friends and neighbours to ascertain if anyone in your close circle requires assistance.
- Please keep in mind all medical and hospital workers who are dealing with this crisis.
- If you can assist with delivery of supplies and/or be part of our communication network to the isolated, vulnerable or overstretched, please email outreach@stjosephssubiaco.org.au or call the Parish Office on 9381 0400.

PLEASE KEEP IN TOUCH

- In the coming days and weeks, the administration will be providing more information about what is happening in the Parish, and resources to assist with your spiritual wellbeing. Please visit the St Joseph's Parish website - stjosephssubiaco.org.au - for details.

Please keep our Parish Community in your prayers.

Regards

Linda Brandon and St Joseph's Parish Staff

Scroll down to see some helpful family resources



Family Resources

- [Ways that Parish Outreach can assist](#) – local services
- [TelethonKids](#) – helpful hints on **communicating information** with younger family members
- [Self-Isolation with Kids – Survival Guide for Parents.](#) – **activities** for littlies
- [Ten things each of us should ensure we do for one another](#) – community safety
- [Safeguarding Our Children through this Pandemic](#) – Recent update from **Safeguarding** Office
- [Tools for handling Stress and Uncertainty](#) - from Reach Out *****especially for adolescents and young adults** ... a really rich resource