

PLENARY 2020

Our **first small group listening and dialogue session at St Joseph's** for Plenary Council 2020 is on **Tuesday October 9 at 9.30 am** in the **Upper Room**. There are still some spots available, so please contact the Parish office if you are interested in joining us. Please check the 'Upcoming Events' tab on the website (stjosephssubiaco.org.au) for other available dates for our Plenary Council conversations. There is much inspiration to be had by listening to each other's experience of faith and life. How might we take up this opportunity to be in mission for others – to be instruments of His love – especially among those who are impoverished, marginalised or oppressed. Involve yourself in the process for this much needed renewal of our Church.

Let us remember in our prayers ...

Recently deceased: Brian Stanley, Pat Mackley, John Kennedy, Nick Timoney, Aidan McEvoy, Anna Monaco, Lachlan Yeo

Anniversaries: Carlos Castanios, Ivor Woods, Patrick Donnelly

Sick: Judy Kerr, Fiona Carr, Ruby Johnson, Sean Conway, Fr Paul Pitzen

MENTAL HEALTH WEEK PASTORAL LETTER 2018

Dear Brothers and Sisters in Christ

National Mental Health Week runs from Sunday 7 October to 14 October and coincides with World Mental Health Day on 10 October. The theme for this year's Mental Health Week is 'Share the Journey', a theme which speaks strongly I believe of whom we are called to be as 'Church'- a living vibrant Christian community of people supporting and walking with each other on our earthly journey together. Almost one in five Australians surveyed have experienced symptoms of a mental health issue during the last twelve months, with Anxiety being the most common. Homelessness is another major source of mental illness and stigma. People living with a mental illness are often isolated, have difficulty accessing employment and have disrupted family, social and peer networks as highlighted in the recently launched Australian Catholic Bishops Social Justice Statement for 2018/19, 'A place to call Home'.

Despite the progress we have made in the past decade, the stigma associated with mental illness still exists in our community. The way we talk about mental illness and the things we express publicly through media, social media, in our parishes, homes and in our workplaces can make a difference. Improving our communication around mental ill-health and suicide is vital as stigmatising language can prevent people from seeking help. Mental health and wellbeing crosses language and cultural divides. By supporting individuals and families holistically and in partnership, we build stronger communities that flourish as a whole. Optimal mental health and wellbeing requires an approach that addresses the whole person, acknowledging their mental, physical and spiritual health equally. The best way we can spread the word about positive mental wellbeing and seeking support if we need it, is by attending or holding a local event or awareness activity in our parish community, workplace or school during Mental Health Week.

As a suggestion, Parishes could make efforts to welcome people with mental health issues at Mass followed by morning tea or encourage people to share their stories of mental health issues or those in their family at a Parish or school event. Many parishes have, through Emmanuel Centre Scholarships, recognised that having a person in a parish who has done some initial training in Mental Health First Aid can assist parishioners and their families to find suitable resources to assist in time of need for people with mental health issues. If you are interested contact our Archdiocesan agency, the Emmanuel Centre for more information.

I ask that your parish community take the opportunity on the weekend of 6 to 7 October to prayerfully consider the issues around mental health that our brothers and sisters experience in our midst.

Yours sincerely in Christ

+ Donald G Sproxton VG

Auxiliary Bishop of Perth

MUSIC & HYMNS	Entrance	Offertory	Communion	Recessional	Setting
6pm Vigil Mass					
8am Mass	10	44	227	200	St Joseph's Mass (385)
10am Mass	10	252	216	316	ICEL Chant Mass (393)
6pm Family Mass	127	272	2	49	Rivers Youth Mass

EARLY CHURCH CLOSING: For the next few weeks the Church may be closed a little early on Thursdays and Fridays – 6pm closing will resume as soon as possible.

MASS TIMES (Subject to change - refer to Parish Diary for latest information)

Monday	5.30pm
Tuesday/Wednesday/Thursday	9am
Friday	7am
Saturday Reconciliation	5.15 - 5.45pm
Saturday Vigil	6pm
Sunday	8am, 10am, 6pm

CONTACT DETAILS

Office	Monday - Friday: 9.30am to 4.00pm
Phone	9381 0400
Postal	PO Box 568, Wembley 6913
Web	www.stjosephssubiaco.org.au
Email	enquiries@stjosephssubiaco.org.au

Parish Priest	Monsignor Kevin Long PhD kevin.long@perthcatholic.org.au	Pastoral Assistant	Bart Welten
Office Manager	Linda Brandon	Sacramental Coordinator	sacraments@stjosephssubiaco.org.au
Parish Accountant	lbrandon@stjosephssubiaco.org.au	Music Coordinator	Michael Peters stjosephsmusic@live.com.au
Wedding Secretary	Elizabeth Ogilvie weddings@stjosephssubiaco.org.au	Youth Coordinator	Paul Curtis youth@stjosephssubiaco.org.au
Sacristan, Funerals, Liturgy	Claudia O'Malley 0408 186 790 com@stjosephssubiaco.org.au	Safeguarding Officers	Lisa Hinton 0450 006 367 Elaine Eng 0450 429 733 safeguarding@stjosephssubiaco.org.au

PARISH ROSTERS Please refer to your respective rosters.

Sanctuary	12 October	Aine Sommerfield & Cecilia Turton	19 October	Maggie McDonnell & Bev Kinsella
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ICYO CHOIR MINI CONCERT 2018

Saturday 13 October, 2pm (Doors open at 1.30pm), St Joseph's Subiaco

Come and enjoy an afternoon filled with music! The Indonesian Catholic Youth Organisation (ICYO) Choir will be singing a variety of songs including popular songs, songs by the famous composer Christopher Tin and traditional Indonesian songs. The concert is raising funds for CHIARA (Community Health Initiatives and Relational Aid Incorporation) in Myanmar and for those affected by the recent tsunami that hit Palu in Indonesia. Tickets are \$10 and available from Jessica 0438 975 797, Josephine 0452 374 599 or at the door. There is no allocated seating so be there early to get your seats.

CHURCH SANCTUARY CLEANERS NEEDED

Due to the retirement of several of our wonderful sanctuary cleaners, a number of new volunteers to assist with this important task are required. Depending on numbers, it is likely you would be rostered only once every few months. If you are able to assist please contact the Parish Office on 9381 0400 or enquiries@stjosephssubiaco.org.au.

SEEKING WORK

A reliable and trustworthy male parishioner seeks casual part-time employment. Details available through Bart Welten on 9381 0400.

NOTRE DAME POSTGRADUATE INFORMATION EVENING

Wednesday 17 October, 5.45-7pm, Customs House, Fremantle

Discover what makes the University of Notre Dame's postgraduate educational experience #1 in WA. Find out more about the Notre Dame difference and the range of postgraduate degrees (by coursework and research) available at our Information Evening. Academic staff and students will be on hand to answer your questions about postgraduate degrees on offer. For more information contact the Prospective Students' Office on 9433 0533 or register at notredame.edu.au/events-items/postgraduate-info-evening/register.

GOLDEN JUBILEE: ST JUDE'S PARISH LYNWOOD/LANGFORD

Sunday 28 October, 9am, 20 Prendville Way, Langford

Former parishioners, families and staff are invited to the Golden Jubilee celebration on the Feast of St Jude Thaddeus, patron of the Parish. This will be followed by the Blessing of the Parish Hall on the occasion of its ruby anniversary. Hospitality will be served in the Parish Hall. Please be seated by 8.45am. RSVP: by 8 October to goldjubilee@stjudescatholic.org or Parish Office on 9458 1946.

UNITY & DIVERSITY WITHIN THE CHURCH EUCHARISTIC CELEBRATION

Sunday 28 October, 2.30pm, St Mary's Cathedral, Perth

We live in a very diverse cultural country and it is important that as a community of faith we open the door to understanding and acceptance of what that looks like in our worshipping community. You are invited to join Most Rev Don Sproxton VG for this celebration; you may wish to wear the National dress or colours and clothing of your country of origin or culture.

2019 BJ HICKEY BIBLICAL FOUNDATION SCHOLARSHIPS

Applications close Friday, 9 November

These scholarships are for Biblical studies of any length and at any level, locally or overseas (such as Jerusalem or Rome). You don't need to be an academic – just someone with a desire to further their knowledge of Scripture and to help others with that knowledge. For details and the **Scholarship Application Form**, please visit cfe.org.au/the-biblical-foundation.

CENTRE FOR FAITH ENRICHMENT TERM 4 ADULT COURSES

Newman Siena Centre, 33 Williamstown Rd, Doubleview

- **History of the Early Church: The Story Begins (Part 1):** 10am-12.30pm, Thursdays, 25 Oct-29 Nov with Dr Marco Ceccarelli
- **ONLINE: First Five Books of the Bible:** 7.30 - 8.30pm, Tuesdays 16-30 October with Rev Dr Charles Waddell

For further information, email cfe@perthcatholic.org.au or phone 9241 5221. To register go to cfe.org.au/courses-and-events.

IONA BOARDERS' REUNION

Saturday 24 November, 3-6pm, College Green, 33 Palmerston St, Mosman Park

With the closing of the Iona Presentation College Boarding House in 2018, all Iona Boarders are invited to a Special Boarders' Reunion. Cost: \$30. Bookings essential at trybooking.com/VWCK.

PUSHING BACK ON EUTHANASIA

Are you concerned about Doctor Assisted Suicide and Euthanasia coming to WA? If you would like to have a voice to prevent this from happening, contact Care for Life: care@careforlife.net.au or 9242 4066. For more information, please visit careforlife.net.au. Care for Life is supported by the L J Goody Bioethics Centre.

PARISH DIARY

Sunday 7 October	11am 11.30am	Sunday, Week 27 in Ordinary Time Baptism: <i>Alexander Harby & Charlotte Hunt</i> Baptism: <i>Noah Gilles Angelo Marion</i>	<i>Monsignor Kevin</i> <i>Monsignor Kevin</i>
Monday 8 October		Monday, Week 27 in Ordinary Time	<i>Monsignor Kevin: Presenting PD at La Salle College, Midland</i>
Tuesday 9 October	9.30am 6pm 7.15pm	Tuesday, Week 27 in Ordinary Time <i>Optional: St Denis, Bishop, Martyr, and Companions, Martyrs;</i> <i>St John Leonardi, Priest</i> Upper Room: <i>Plenary Council Discussion Group 1</i> Upper Room: <i>St Vincent de Paul Meeting</i> Church: <i>Schola Cantorum Rehearsal</i>	
Wednesday 10 October	10am 5.30pm 7pm	Wednesday, Week 27 in Ordinary Time Upper Room: <i>Women's Prayer Group</i> Tribune Chapel: <i>Centering Prayer</i> Church: <i>Ericius Tan Choir Rehearsal</i>	
Thursday 11 October		Thursday, Week 27 in Ordinary Time <i>Optional: St John XXIII, Pope</i>	
Friday 12 October	7pm	Friday, Week 27 in Ordinary Time Upper Room: <i>Scripture Study</i>	
Saturday 13 October	2pm	Saturday, Week 27 in Ordinary Time <i>Optional: Saturday Mass of Virgin Mary</i> Church: <i>ICYO Choir Mini Concert</i>	